

Learn, Taste, Experience - Iceland



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East Ayrshire
COUNCIL

Ayrshire
College 

Learn, Taste, Experience - Iceland

Programme : 23 October – 29 October 2016

Sun 23 October:

Travel from Glasgow International Airport to Keflavik International Airport
Flight times:
From Glasgow – Icelandair (GLA-REY: 14.05 dep – 15.25 arr local time).

- 16.30** Guided Tour of the iconic Blue Lagoon and an Introduction to the Lava Restaurant (<http://www.bluelagoon.com/>)
- 17.30** Transfer to South Iceland
- 19.30** Check in Laugarvatn Hostel (<http://www.laugarvatnhostel.is/>)
- 20.00** Dinner Lindin Restaurant with a presentation by Baldur (Owner/chef) (<http://www.laugarvatn.is/>)
Accommodation Laugarvatn Hostel

Mon 24 October :

- Breakfast
- 09.00** Group briefing and case study time.
- 10:30** Visit and introduction at Laugarvatn Fontana (www.fontana.is)
See bread cooked in the hot sands. First opportunity to try geothermal bathing.
- 12.30** Visit to Efsti-Dalur (www.efstadal.is) – exemplar dairy farm diversification at work.
Lunch
- 14.30** Visit to Gullfoss (<http://gullfoss.is/>),
Visit to Hotel Geysir (<http://www.geysircenter.is/>),
- 16.00** Case Study and Free time (at Hotel Geysir tbc)
- 19.00** Presentation/discussion followed by dinner, meet Chef Bjarki.
Accommodation: Laugarvatn Hostel

Tues 25 October :

- Breakfast and Check out
- 09.00** Case study groups
- 12.00** Visit to Friðheimar (<http://fridheimar.is/en>) - a Greenhouse project
Lunch
- 13.30** Visit to Mika (www.mika.is)
- 14.00** Visit to a Mushroom factory
Check in at Hótel Flúðir
- 17.00** Visit to a Rhubarb farm
- 19.00** Visit to Skalholt (<http://skalholt.is/3905-2/?lang=en>)
Introduction and Dinner in Skalholt
Accommodation Hótel Flúðir
<http://www.icelandairhotels.com/is/hotelin/fludir>

Wed 26 October:

- Breakfast
- 09.30** Case study groups
- 12.00** Lunch
- 13.00** Seminar with host partners HFSU with presentations from Iceland & Scotland at Hótel Flúðir (see separate programme)
- 17.30** Time to relax and enjoy geothermal bathing at the Secret Lagoon in Flúðir www.secretlagoon.is.
- 20.00** Dinner and accommodation Hótel Flúðir



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Thurs 27 October :

- Breakfast
- 08.30** Check out of hotel
- 09.00** Visit to Bragginn <https://www.facebook.com/bragginn/?fref=ts>
Arrival in Reykjavík
Explore the harbour area where there are many different restaurants, small shops and museums.
Visit to Matur og drykkur within the Saga Museum
Lunch and Presentation at Bryggjan Brugghús
- 15.00** Presentation at Promote Iceland by Guðrún Birna Jörgensen
<http://www.islandsstofa.is/en/about/>
Check in at Fosshotel Reykjavik
- 16.30** Free time
- 19.00** Dinner at Restaurant Slippbarinn
Accommodation Fosshotel Reykjavík
(<http://www.fosshotel.is/hotels/fosshotel-in-reykjavik/fosshotel-reykjavik/>)

Fri 28 October :

- Breakfast
- 09.00** Case Study groups
- 10.30** Reykjavik Mystery Shopping Exercise
- 16.30** De-brief Session
Free evening
Accommodation: Fosshotel Reykjavik

Sat 29 October :

- 03.45** Check out c. 3.45am and early transfers for departure
Return flight to Glasgow International Airport
REY- GLA: 07.35 dep – 10.40 arr local time